



# Rocket into the Future



Lessons are linked to the PSHE education programme of study (PSHE Association Oct 2014) and the Citizenship programme for Key Stage 2 (DfE February 2015).

Each lesson is delivered across half a day (morning/afternoon) and includes an introductory presentation, interactive activities, evaluation and homework.

Lesson title	Learning outcomes	Curriculum link
<b>Blast off into the future</b>	Students will be introduced to their future options: apprenticeships, employment, volunteering, further and higher education.	PSHE: Health and wellbeing Citizenship: Breadth of opportunities
<b>Mission control</b>	Students will gain an understanding of the skills and attributes necessary for work by identifying, developing and discussing.	PSHE: Health and wellbeing Citizenship: Developing confidence and responsibility and making the most of their abilities
<b>Total eclipse</b>	Making effective transitions to secondary school. Students will be able to identify issues and coping strategies for their future transitions and reflect on their readiness for the next stage.	PSHE: Health and wellbeing Citizenship: <ul style="list-style-type: none"> <li>• Developing confidence and responsibility and making the most of their abilities</li> <li>• Breadth of opportunities</li> </ul>
<b>Reach for the sky</b>	Students will be able to describe what aspirations are. They will explore what they want for their future.	PSHE: Health and wellbeing Citizenship: <ul style="list-style-type: none"> <li>• Developing confidence and responsibility and making the most of their abilities</li> <li>• Breadth of opportunities</li> </ul>
<b>Stargazing</b>	Exploring inspirational roles in the media. Myth busting and widening knowledge of careers.	PSHE: Health and wellbeing
<b>Landing and exploration</b>	Subjects and careers. Students will understand the relevance of the subjects they are studying to their careers and future lives. They will be able to identify the range of skills they are developing in a variety of subjects.	PSHE: Health and wellbeing
<b>Rocket girl</b>	Challenging Stereotypes - to enable learners to challenge the stereotyping of career choices.	PSHE: Relationships Citizenship: Developing good relationships and respecting the differences between people

<b>Satellite transmission</b>	Teamwork, communication and problem solving. Students will be able to practise working as a team and develop employability skills.	PSHE: Relationships Citizenship: <ul style="list-style-type: none"> <li>• Developing good relationships and respecting the differences between people</li> <li>• Breadth of opportunities</li> </ul>
<b>Mission to the moon</b>	Activity exploring the skills that make people enterprising.	PSHE: Living in the wider world
<b>My universe</b>	Exploring the world of work and local labour market information. What's in my town? What jobs are there in my school?	PSHE: Living in the wider world Citizenship: Developing confidence and responsibility and making the most of their abilities
<b>Spacecraft systems</b>	Researching careers information using I.T.; - exploring careers and jobs websites.	PSHE: Living in the wider world
<b>Shooting stars</b>	Face to face focus on the real workforce. Students will gain an understanding of working life.	PSHE: Living in the wider world Citizenship: <ul style="list-style-type: none"> <li>• Developing confidence and responsibility and making the most of their abilities</li> <li>• Breadth of opportunities</li> </ul>

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