

# WHY **SUPPORT** HELP THE AGED?

**Most older people enjoy full and active lives, but there are many who still need our help to combat loneliness, lack of mobility or a fear of crime.**

## **DID YOU KNOW THAT:**

- One in six of all UK households consists of a person over 60 living alone.
- Within 30 years, one third of the population of the UK will be over 60.
- Many older people do not go out in the evening, for fear of being attacked.
- Many older people do not even feel safe or secure in their own homes.
- Many older people have no access to transport.
- Many older people in the UK have to face the choice of either eating a hot healthy meal or heating the room they're in - thousands die through cold-related illnesses each winter.
- Many older people in the developing world have no access to healthcare or support, and die needlessly through malnutrition, violence and disease.



**For more information or advice, please call Help the Aged's fundraising team on 020 7490 8050**