

April 2025

Join us for live webinars and learn about the latest safeguarding practice

Booking Conditions

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Joint Children & Adults

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E-LEARNING — Free of Charge

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- [Introduction to Children & Young People’s Mental Health and Emotional Wellbeing](#)
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LEARNING HUBS – Safeguarding Children not in School

Delivered by:

Jenny Coles – Member of the Child Safeguarding Practice Review (CSPR) Panel

Nicky Pace – Independent Scrutineer

Katie Southall - Strategic Lead, Hertfordshire Virtual School

Anna Shaw – Elective Home Education (EHE) Manager

- Jenny will be covering the headlines from the CSPR Panel's briefing on Elective Home Education, and their Annual Report 2023/24.
- Nicky will be covering her scrutiny report on Children Not in School.
- Katie and Anna will be covering the local context of Children Missing Education (CME) and EHE, which will include local data and signposting to resources. They will cover how the EHE and CEM teams work collaboratively and how they follow the legal processes for CYP that are not accessing education.

Held over a 2.5hr session via MS Teams (equivalent to a half day training session)

Date	Availability
13 May 2025 10am to 12:30pm	Places available
11 June 2025 10am to 12:30pm	Places available

For bookings, please visit the [HSCP website](#)

Working with Mothers with Emotionally Unstable Personality Disorder (EUPD)

Delivered by:

The HPFT Community Perinatal Team:

- Dr Sarah Cohen, Consultant Perinatal Psychiatrist
- Dr Shetal Patel, Clinical Perinatal Psychologist
- Dr Natasha Gray, Parent-Infant Psychologist.

Held over a 2.5hr session (with a 10min break) starting at 9:30am, via MS Teams (equivalent to a half day training session)

Target audience:

Non-mental health professionals who work with pregnant women and mothers who have Emotionally Unstable Personality Disorder, e.g. but not limited to Children's services practitioners; midwives and health visitors:

Content:

This course is to support staff who are working with families where parents (particularly the mother) has Emotionally Unstable Personality Disorder (EUPD). To include:

- Why EUPD develops; how it manifests and the impact of EUPD on the family in the perinatal period.
- Risks that EUPD poses and risk assessment
- Advice on working with mothers with EUPD to reduce risks
- Understanding and supporting the parent infant relationship when a parent has EUPD

Date	Availability
22 April 2025 1:30 to 4pm	Places available
30 June 2025 9:30 to 12pm	Places available
24 Sept 2025 1:30 to 4pm	Places available
20 January 2026 9:30 – 1pm	Places available

You can log onto the HSCP or HSAB booking systems and add your name to our waiting lists for any courses

For bookings, please visit the HSCP [website](#)

Graded Care Profile – a tool to be used when on-going Neglect is a concern

Held over a 3hr session (with a comfort break) starting at 10am, via MS Teams (equivalent to a half day training session)

Target audience: appropriate for any professionals working directly with children and their families within the home or other settings (social workers, health visitors, school nurses, community nursery nurses, specialist children's nurses, children centre workers, schools).

Aim of the Course: Understand the evidence based research behind the development of and use of the Graded Care Profile (GCP) tool kit, introduce the GCP tool kit, develop the skills to use the tool kit, understand the scoring system, consider how a GCP assessment is used in future service and support development for the children and their families.

Attendance Criteria: Basic/Stage 1 Safeguarding Children training should have been undertaken prior to accessing this training.

Learning Outcomes:

- There will be a better understanding of the GCP tool and how to use it
- Have an understanding how to adapt the way the GCP is used in regards to a family's needs/ability to participate
- Have a better understanding of how to complete the tool kit using multi-agency input
- The candidate will complete a GCP, the scoring and compile a future action plan to work with the family to reduce the risks/concerns
- The candidate will have a better understanding of when to step up their concerns using the GCP as additional evidence.

PRE-COURSE WORK

Please see the 'Download Course Materials' link on your training account dashboard where, under the 'Pre-course' section, you will be able to access the pre-reading material for the training session and copies of all the documents necessary for the session.

Please note – It is very important that the pre-course reading is undertaken by all delegates prior to attending the training as it will inform the most important parts of the session.

Date	Availability
10 June 2025 10:00 to 1 pm	Places available
25 September 2025 10:00 to 1pm	Places available
2 December 2025 10:00 to 1 pm	Places available
25 March 2026 10:00 to 1pm	Places available

For bookings, please visit the HSCP [website](#)

Understanding and Identifying Neglect, with a Focus on Early Help

Target audience: Any professional working with children and their families

Attendance criteria: Participants will have already attended child protection awareness training and have an understanding of the signs and symptoms of child abuse.

Aim of the Course: To provide professionals with a greater understanding of the concept of neglect and what current research tells us in relation to the abuse of children.

Learning Outcomes:

By the end of the course, participants will be able to:

- establish a working definition of neglect
- recognise signs and symptoms in children and young people who are suffering, or may be suffering, neglect
- explore the impact of neglect on child development
- make use of research and findings from Serious Case Reviews to inform practice
- gain understanding of the importance of a multi-agency approach to neglect

TIMINGS: 10am TO 12:15pm

Date	Time
29 Apr 2025 10am to 12:15 pm	Places available
20 Jan 2026 10:00 to 12:15pm	Places available
26 March 2026 10:00 to 12:15pm	Places available

For bookings, please visit the [HSCP website](#)

Safeguarding and Child Protection Multi Agency Course

Starting at 10am - 2.45pm, via MS Teams (equivalent to a one day training session)

Target audience: Any professional working with children and their families

Attendance criteria: Delegates must have completed Level 1 Safeguarding/Child Protection training within their own agency.

Learning Outcomes:

By the end of the course, participants will:

- gain knowledge of what to do when participants suspect that a child is suffering abuse;
- be aware of the locally agreed procedures and the expectations of the participant's role in safeguarding and promoting the welfare of children and the importance of working together to achieve this;
- have an understanding of key relevant legislation and statutory guidance in this area;
- consider the needs of the child across the continuum of care, from early help to child protection utilising the local thresholds document;
- refresh their practitioner knowledge of the key categories of harm and how these might be identified;
- look at what happens after the concern has been raised and acknowledged; and
- look beyond the referral at how concerns are addressed including the child protection conference process.

Date	Availability
09 Apr 2025	FULLY BOOKED
22 May 2025	FULLY BOOKED
24 June 2025	Places available
15 July 2025	Places available
16 September 2025	Places available
22 October 2025	Places available

For bookings, please visit the HSCP [website](#)

You can log onto the HSCP or HSAB booking systems and add your name to our waiting lists for any courses

Physical Abuse in Children and Young People (Includes suspicious bruises/marks in children under 6 months)

Held over a 2hr session starting at 10am, via MS Teams (equivalent to a half day training session)

Target audience: Health Visitors, School Nurses, Social workers, Assistant Team Managers, Team Managers, Nursery Nurses, Child Care Workers, Children Centre Staff, Teachers, Police Officers, CAIU, Youth workers, Allied Health professionals, GPs

Aim of the Course: To enable the multi-agency team to recognise and respond to physical abuse in children

Pre-course Work: Please see the '**Download Course Materials**' link from our training website, under the '**Pre-course**' section, you will be able to access all the pre-reading materials and download the preparation worksheet.

Please note – The documents for download are useful reading and tools for you and we recommend that you read these as part of your forward learning around physical abuse in children.

Please also download **the HSCP Policy** [‘Management of Suspicious bruises/ marks in infants under 6 months for all front line professionals’](#)

Learning Outcomes:

- To embed the practice of using the HSCP pathways for physical abuse
- To raise awareness of Serious Case Reviews involving physical abuse of children
- To broaden knowledge around assessment of bruising in small children
- To enable professionals to effectively respond and refer for children where physical abuse is suspected

NEW DATES TO BE SCHEDULE FOR 2024/25

Date	Availability
4 June 2025 09:30 to 11:30 am	Places available
16 September 2025 09:30 to 11:30am	Places available
18 November 2025 09:30 to 11:30 am	Places available

See page below to book onto the Lunch & Learn
Sessions on the Bruising Policy

Child Protection Conference Training

Held over a 1hr 45min session , via MS Teams (equivalent to a half day training session)

Target audience: Health Services (GPs, health visitors, midwives, school nurses), School staff, Early Help staff, Probation, Children's Services staff (domestic abuse practitioners, mental health practitioners), Community Adolescent Mental Health Service, Community Mental Health Team, Adult services, Children's Centre staff.

Attendance Criteria: Delegates must have completed mandatory Basic/Stage 1 Safeguarding/Child Protection training within their own agency.

Aim of the Course: To learn about the structure and processes associated with a Child Protection conference and the methods and responsibilities of those involved.

Learning Outcomes:

- Information on the conference style and structure
- Children's views
- What is expected of you – your role and responsibilities
- The role of the Child Protection Conference Chair
- Reports to conferences – how to write them, where to send them and what should be included.
- Timescales.
- Decision making process.
- Outcomes of a plan, process of monitoring progresses
- Differences between Child in Need and Child Protection
- Child protection process beyond the conference

Date	Availability
14 July 2025 10:00 to 11:45 am	Places available
20 Nov 2025 10:00 – 11:45 am	Places available
27 Mar 2026 10:00 – 11:45 am	Places available

For bookings, please visit the [HSCP website](#)

Disguised Compliance & Avoidant Families

Held over a 2hr 30min session, via MS Teams (equivalent to a half day training session)

Trainers: Health and Children's Services Partners

Target audience: Practitioners from all agencies working with children, young people and their families

Aim of the Course: This is a multi-agency course giving practitioners the opportunity to recognise, deal with, and at times challenge, the behaviours of resistance and avoidance tactics employed by potentially aggressive parents.

Pre-course Work: Please see the 'Download Course Materials' on our training website where, under the 'Pre-course' section, you will be able to access the schedule for the training session, a copy of the Disguised Compliance Top Tips booklet and a pre-course worksheet.

Please note – It is very important that the pre-course work is completed fully by all delegates prior to attending the training as it will form the basis for the first part of the session.

Learning Outcomes:

- To improve the confidence and skills of professionals dealing with issues of disguised compliance.
- Offer challenge and peer support to staff no matter what level in order to facilitate discussions with families exhibiting possible disguised compliance tactics.
- To increase knowledge, skills and competence of staff to recognise the signs and respond appropriately when working with avoidant families.
- To meet a locally identified need by service providers and commissioners.

Date	Availability
New dates to be confirmed	

Emotional Wellbeing and Coping Strategies

Target Audience:

Practitioners working with child and young people

Overview:

This session focuses on how to maintain positive mental health. It gives a brief overview of the psycho-social emotional climate in young people and 3 key steps in how to identify emotions without judgement and choosing a response. You will learn research-based self-help strategies for positive emotional wellbeing relevant to young children and young adults, how to establish when further support is needed and how to access other support available.

Date	Availability
05 June 2025 9:30 to 11:00	Places available
11 Sept 2025 09:30 to 11:00	Places available
08 Jan 2026 09:30 to 11:00	Places available

You can log onto the HSCP or HSAB booking systems and add your name to our waiting lists for any courses

Spot the Signs (Youth Suicide Prevention Course)

Target Audience:

Practitioners working with children and young people aged 9yrs to 20yrs.

Overview:

The purpose of this session is to increase participants' knowledge and awareness about youth suicide. We will explore information about which groups of young people are most at risk and why, protective factors and increase confidence in using practical strategies for identifying and responding to signs of risk in young people. You will be provided with some of the latest information and statistics in regard to suicide in young people. We will also explore the effects of media and contagion on youth suicide, with the internet having an important contemporary role. This session is most suitable for individuals working/ caring for 9-year to 20-year olds.

Learning Outcomes:

- Have a broad awareness of suicide in young people, including being able to recognise some of the latest statistics and risk factors
- Understand some of the misconceptions surrounding suicide in young people and be aware of the impact of stigma.
- Have increased confidence in responding to and supporting young people with suicidal thoughts.
- Have an increased knowledge of services available in Hertfordshire to support young people with suicidal thoughts.
- Know where and when to signpost young people to for additional support.

Date	Availability
01 Jul 2025 10.00 to 2.30 pm	Places available
30 Sep 2025 10.00 to 2.30 pm	Places available
3 Feb 2026 10.00 to 2.30 pm	Places available

For bookings, please visit the HSCP [website](#)

Body Image and Self Esteem

Target Audience:

Practitioners working with children and young people.

Overview:

- Attendees will explore the concepts of body-image and self esteem, looking at how they are interlinked with children and young people's mental health and emotional wellbeing
- Attendees will develop knowledge surrounding the factors that impact on young people's body image and self-esteem
- Attendees will build confidence in using the principles of self-compassion and individuality to develop strategies to support young people who are experiencing negative body image and/or low self-esteem
- Attendees will be made aware of relevant local and national service information to assist with signposting children and young people to appropriate support

Date	Availability
8 April 2025 2pm to 3:30pm	Places available
New dates to be agreed	

For bookings, please visit the HSCP [website](#)

Voice of the Child – Opening Doors Facilitator: Triangle

Aims:

Adult responses to early concerns are key to children's safety. Guidance to front line staff can be very prohibitive, often telling people what not to do. This programme takes the opposite approach and will give participants:

- An understanding of observational commentary and how this can help a child to tell.
- An understanding of the elements of good forensic questioning, including question types and why they matter so much.
- Ways to keep an open mind when listening to children, including a range of open-ended questions and prompts that safely 'open doors' for children.
- Approaches to quickly establish rapport with children and set safe expectations when exploring initial concerns, including strategies for working with children in the presence of other adults.
- Knowledge about how trauma, impairment and disability can affect a child's vulnerability and communication.

By the end of the course, participants will be able to:

Open doors for disabled children and all children

All sessions are 9:30am to 12:30PM

Date	Availability
2 April 2025	Places available
3 June 2025	FULLY BOOKED
21 October 2025	Places available
18 November 2025	Places available

For bookings, please visit the HSCP [website](#)

Extra Familial Harm, Contextual Safeguarding and Intersecting Risks

Facilitator: Juliette Barnes

Target audience: All professionals working with children, young people and families

Timings: 9:30am to 1:30pm

Participants will:

- Explore why many adolescents are drawn towards risk-taking behaviour.
- Develop a clear understand of the many factors which are known to contribute towards adolescent vulnerability and heightened risk.
- Consider the messages arising from Child Safeguarding Practice Reviews relating to adolescent risk - particularly that which is extra-familial - and the impact of these messages on practice.
- Explore how unconscious bias impacts on the understanding of risk and safeguarding inequalities when working with adolescents.
- Recognise and respond to the differences and interaction between harm experienced by adolescents including Child Sexual Exploitation, Child Criminal Exploitation.
- Develop best practice in relation to working with adolescents who have been groomed or radicalised.

Date	Availability
25 Apr 2025 09.30 to 1.30 pm	FULLY BOOKED
07 July 2025 09.30 to 1.30 pm	Places available
23 September 2025 09.30 – 1.30 pm	Places available
6 November 2025 09.30 – 1.30 pm	Places available
2 December 2025 09.30 – 1.30 pm	Places available
26 January 2026 09.30 – 1.30 pm	Places available
20 March 2026 9:30 – 1:30pm	Places available

Eating Disorders in Children and Young People

Facilitator: Herts MIND

This session provides an overview of the types of eating disorders and how they present in children and young people. Attendees will be provided with an overview of the common warning signs of eating disorders in children and young people, both physical and emotional. The session will help improve confidence in attendees to support children and young people by identifying causes, considering the effects of myths and stigma, along with how to have conversations about eating disorders. The session closes by ensuring attendees are aware of the support available for children and young people across Hertfordshire and nationally in the form of support services, apps and websites.

By the end of the session, attendees will be expected to:

- Have an increased knowledge as to how eating disorders present themselves in children and young people
- Be able to spot the warning signs of an eating disorders in children and young people, both physical and emotional
- Consider the effect of myths and stigma on how you approach the topic of eating disorders with children and young people
- Be more equipped to support children and young people who are at risk of an eating disorder or who have an eating disorder
- Have an awareness of further eating disorder services, apps or websites to support children and young people

All sessions are 2hrs

Date	Availability
8 May 2025 10.00 – 12.15 pm	Places available
6 Nov 2025 10.00 am – 12.15 pm	Places available
12 Mar 2026 10.00 am – 12.15pm	Places available

For bookings, please visit the HSCP [website](#)

Self-harm in Children and Young People

Facilitator: Herts MIND

This session provides an overview of types of self-harm and how they present in children and young people. Attendees will be provided with an overview of the common warning signs and causes of self-harm in children and young people. The session will help improve confidence in attendees to support children and young people by identifying causes, considering the effects of myths and stigma, along with how to have conversations about self-harming behaviours. The session closes by ensuring attendees are aware of the support available for children and young people across Hertfordshire and nationally in the form of support services, apps and websites.

By the end of the session, attendees will be expected to:

- Have an increased knowledge as to how self-harm presents in children and young people
- Be able to spot the warning signs of self-harm in children and young people, both physical and emotional
- Consider the effect of myths and stigma on how you approach the topic of self-harm with children and young people
- Be more equipped to support children and young people to manage their self-harming behaviour
- Have an awareness of further self-harm support services, apps or websites for children and young people

All sessions are 2hrs

Date	Availability
24 April 2025 09.30 – 11.30 am	Places available
23 Oct 2025 09.30 – 11.30 am	Places available
19 March 2026 09.30 – 11.30 am	Places available

For bookings, please visit the HSCP [website](#)

Anxiety in Children and Young People

Facilitator: Herts MIND

This session provides an overview of the types of anxiety conditions and how they present in children and young people. Attendees will be provided with an overview of the common warning signs of anxiety in children and young people, as well as common causes. The session will help improve confidence in attendees around supporting children and young people to manage their anxiety. The session closes by ensuring attendees are aware of the support available for children and young people across Hertfordshire and nationally in the form of support services, apps and websites.

By the end of the session, attendees will be expected to:

- Have an increased knowledge as to what anxiety is and how it presents in children and young people
- Spot the warning signs of anxiety in children and young people
- Identify the causes of anxiety in children and young people
- Be more equipped to support children and young people to manage anxiety
- Have an awareness of further anxiety services, apps or websites to support children and young people

All sessions are 2hrs

Date	Availability
10 July 2025 09.30 – 11.30 am	Places available
18 Sept 2025 09.30 – 11.30 am	Places available
29 January 2026 09.30 – 11.30 am	Places available

For bookings, please visit the HSCP [website](#)

Introduction to Mental Health

Target Audience:

Practitioners working with children and young people (age groups primary years 5 and 6, secondary schools and colleges)

Facilitator:

Herts Minds

Overview:

This session provides a universal introduction to mental health by increasing knowledge of how mental health relates to everyone. Individuals will be provided an overview of common mental health issues including, prevalence, signs and how they can affect young people. The session covers stigma and will help improve confidence in attendees around talking about mental health. The session closes with a brief overview of the 5-W2WB and makes attendees aware of the support available across Hertfordshire. This session is versatile in the audiences it may be tailored for.

Date	Availability
26 Jun 2025 10:00 – 11:30 am	Places available
25 Sep 2025 10:00 – 11:30 am	Places available
22 January 2026 10.00 – 11.30 am	Places available

For bookings, please visit the HSCP [website](#)

Safeguarding Vulnerable Groups

This training is a full day course – 10am to 2:45pm

Target Audience:

Practitioners working with children, young people and families

Aim of the Course: This is a multi-agency course giving practitioners from a range of agencies the opportunity to consider and discuss safeguarding issues that arise for vulnerable children and young people.

Learning Outcomes:

- to be able to recognise the categories of abuse and the impact that abuse has on vulnerable children and young people, including a particular focus on neglect and early help
- to increase knowledge regarding the prevalence of the abuse of vulnerable children and young people
- to raise awareness of the issues particular to working with children who have a disability
- to understand the responses required from professionals and others involved with vulnerable children and young people in order to adequately protect them
- to consider some of the barriers to detection and disclosure of the abuse of children and young people with disabilities
- to consider the findings of recent reviews, both locally and nationally, as well as key legislation and guidance and how this impacts on practice

Date	Availability
12 June 2025 10:00 – 2.45 pm	Places available
4 Feb 2026 10.00 – 2.45 pm	Places available

For bookings, please visit the HSCP [website](#)

Perinatal Training – 2 Day course

Target Audience:

The training is for any professionals working Adults, Children and Families

Facilitator: Hertfordshire Community Perinatal Team

Day 1 – What You Need to Know to Assess Perinatal Mental Health Problems - a generally introduction and foundation that everyone should do

Aim: To provide a multi-agency introduction to perinatal mental health and what support perinatal mental health teams can offer women and their families.

Main topics to be covered:

- Understanding and Managing Perinatal Risk
- Referrals to the Perinatal Team and what the Perinatal Team do
- Lived experience
- The parent infant relationship
- Partner's mental health
- Overview of Anxiety Disorders, Trauma and Eating Disorders
- Personality disorders and young mums
- Perinatal loss
- Working with neuro divergence
- Using medication in the perinatal period

Day 2 – Perinatal Mental Health Conditions and their Treatment - builds on day 1 and goes into more depth about specific disorders and their treatment.

Aim:

To provide an introduction to perinatal mental health and what support perinatal mental health teams can offer women and their families.

Main topics to be covered:

- Understanding and Managing Perinatal Risk
- Referrals to the Perinatal Team and what the Perinatal Team do
- Lived experience
- The parent infant relationship
- Partner's mental health
- Overview of Anxiety Disorders, Trauma and Eating Disorders
- Personality disorders and young mums
- Perinatal loss
- Working with neuro divergence
- Using medication in the perinatal period

Please Note: this course is being run over 4 half days (March 2025), which ALL half days need to be completed in the sets outlined below. November 2025 is being run over two full days - Day 1 must be completed before attending Day 2. All sessions are 9:30am to 4:15pm.

1 st Date	2 nd Date	Availability
2 October 09.30 - 4.15 pm	9 October 09.30 – 1.00 pm	Places available (both dates must be completed)

For bookings, please visit the HSCP [website](#)

Child Sexual Exploitation

Target Audience:

Practitioners working with children, young people and families

Aim of the Course:

To increase participants awareness of:

- What Child Sexual Exploitation means
- How to identify the vulnerability and risk factors of children/young people who are at risk of CSE and the reasons why they may become involved in, or targeted for, CSE
- The impact of CSE on a child/young person
- How to respond to concerns and share information, including making referrals to appropriate services in order to both protect and support the child/young person

Date	Availability
19 May 2025 13:00 – 15:00	Places available
New dates to be agreed	

For bookings, please visit the HSCP [website](#)

Neurodiversity Training

Target Audience:

Practitioners working with children, young people and families

Facilitator:

[SPACE Herts](#)

Aim of the Course:

The opportunity to explore neurodiversity in vulnerable children and young people.

Learning Outcomes:

- To be able to recognise neurodiverse conditions in children and young people.
- To increase confidence in supporting neurodivergent children and young people.
- To raise awareness of neurodiverse children's' profiles of need.
- To explore potential barriers to working with and supporting children and young people with disabilities.
- To consider reasonable adjustments and consent for neurodiverse children and young people, and their families to access appropriate support.

All sessions are 10am to 12pm

Date	Availability
14 May 2025 10:00 am – 12.00 pm	Places available
10 September 2025 10:00 am – 12.00 pm	Places available
5 November 2025 10.00 am – 12.00 pm	Places available
11 February 2026 10.00 am – 12.00 pm	Places available

For bookings, please visit the [HSCP website](#)

PREVENT Awareness Briefing

Target Audience:

Practitioners working with children, young people, adults and families

Aim of the Course:

This session will be looking at the current terrorist threat level in the UK, covering relevant legislation and terminology relating to terrorism and extremism and discussing groups and movements which operate in the terrorist and extremist space. Most importantly, we will consider how you as practitioners can feel confident in your execution of the Prevent Duty within your organisation to ensure you are safeguarding students and staff from dangerous ideologies.

Date	Availability
19 Sept 2025 1pm to 3pm	Places available
5 March 2025 1pm to 3pm	Places available

PREVENT Extremism in the UK Today

Target Audience:

Practitioners working with children, young people, adults and families

Aim of the Course:

This thematic session will explore current and evolving elements relating to extremism and the Prevent duty in the UK.

Date	Availability
4 Dec 2025 12pm to 1pm	Places available

PREVENT The Extreme Right Wing

Target Audience:

Practitioners working with children, young people, adults and families

Aim of the Course:

This thematic session covers the evolving elements of the Extreme Right Wing including Cultural Nationalism, White Nationalism and White Supremacy. This is particularly relevant in relation to current national tensions surrounding immigration, diversity politics and social cohesion.

Date	Availability
11 June 2025 12pm to 1pm	Places available

Learning from Local Reviews Bite-Size Learning Event

Aim of the Course: To share the learnings and good practice from local Child Safeguarding Practice Reviews.

Target Audience: All professionals working with child, young people and families

Are you up to date about the learning emerging from local reviews and other local quality assurance activity? The Hertfordshire Children's Safeguarding Partnership undertakes a range of reviews and audit activity. This session is an opportunity to understand key messages and emerging learning related to children, young people and families living in Hertfordshire. The session provides a forum to reflect on your practice and the work of your agencies in light of these local findings and will signpost to other resources.

Date	Availability
12 May 2025 11:30 – 12:30 pm	Places available
20 May 2025 4.00 pm – 5.00 pm	Places available
28 May 2025 11:00 – 12:00 pm	Places available
3 July 2025 12:00 – 1:30 pm	Places available
9 July 2025 4.00 pm – 5.00 pm	Place available

For bookings, please visit the HSCP [website](#)

Early Help Module (EHM) Families First Assessment and Team Around the Family Training

Families First is the name of the approach in Hertfordshire and is the term used for all services that work together to deliver early help services. It brings together all organisations, who provide early help across the county under the 'umbrella' of Families First.

The vision for Families First training and development is to create a skilled, confident and resilient multi-agency workforce that supports whole family working.

Families First use EHM (Early Help Module) as our multi-agency case recording and management system that we use for case work and Short Term Work. There are three main training courses related to EHM, all of which are delivered virtually via MS Teams:

1. **Families First Assessment Early Help Module (EHM) System Training** - This is the first of a mandatory two sessions for practitioners in Hertfordshire who will undertake the role of a Key Worker and initiate and lead on Families First Assessments (FFA) using the EHM System.

*The second part of this training is the **TAF Review Process EHM Training**, and you will be required to commit to dates for both sessions at the time of booking this training.*

1. **Team Around the Family (TAF) Review Process EHM Training** - This is for Practitioners in Hertfordshire who will undertake the role of a Key Worker, initiating and lead on Families First Assessments (FFA) and Team Around the Family (TAF) meetings using the EHM System to evidence the TAF Review Meeting and Action Plan Cycle.

*You must have completed the **Families First Assessment Early Help Module (EHM) System Training** prior to attending this session.*

1. **Team Around the Family (TAF) Member Training** - This is for Hertfordshire practitioners who will be part of a Team Around the Family (TAF) for families and using the EHM System to evidence the support that they are providing but are not Key Workers or leading on a Families First Assessment.

You can find more information as well as make a booking via [Families First Assessment Early Help Module \(EHM\) System Training](#).



Safe Sleeping training with the Lullaby Trust

Over the past two years, Hertfordshire's Safeguarding Children's Partnership and local health and family services have collaborated to reduce unexpected infant deaths during co-sleeping. This work has led to the development of the safer sleeping framework which we encourage key organisations to implement – see an extract at [A HiAP framework for Safer Sleeping](#).

Groups/teams working closely with vulnerable families are being encouraged to be aware of modifiable risk factors for infant safer sleeping. If you your teams are likely to have contact with vulnerable families in Hertfordshire, please consider Safer Sleeping training provided by the [Lullaby Trust](#).

The Lullaby Trust training offer can be found online [Training - The Lullaby Trust](#)

E-LEARNING **FREE OF CHARGE**

Trauma Awareness

Trauma results from an event, series of events, or set of circumstances that is experienced by an individual as harmful or life threatening. While unique to the individual, generally the experience of trauma can cause lasting adverse effects, limiting the ability to function and achieve mental, physical, social, emotional or spiritual well-being.

In Hertfordshire we have an important part to play in understanding that anyone can struggle due to experiences of trauma at any point in their lives. In March 2023 we launched an all-age, all-partner trauma strategy, seeking to recognise trauma histories are a possibility for everyone. Therefore, we must assume that people have had traumatic experiences and adjust our service delivery to prioritise supporting our workers and those accessing our services to feel safe and supported, with emphasis on promoting safety, trust and building relationships and agency.

People can heal from trauma, and some thrive in spite of it. Trauma adapted people often have unique strengths and abilities that develop in response to high-stress environments which can make them more effective at certain tasks. When we ask ourselves 'What happened to this person?' we can also ask 'What are their strengths?' This introduction to trauma e-learning module has been developed by a multi agency panel and is essential for ALL those that work with children and / or adults.

[E-learning link](#)

Introduction to Child and Young People's Mental Health and Emotional Wellbeing

Supporting the mental health and emotional wellbeing of children, young people and their families is a priority for Hertfordshire. We want all children and families to be able to get the help they need at the right time.

[E-learning link](#)

Power and Identity (the Social GRRRAACCEESSS)

To assist practitioners to use Anti-Discriminatory Practice (ADP) when with Clients, using the Social GRRRAACCEESSS framework.

HSAB Multi-Agency Safeguarding ADULTS Awareness

Starting at 10am and finishing at 2.45pm, via MS Teams (equivalent to a one day training session)

Target audience: This training course is suitable for Safeguarding leads/Champions within an organisation and anyone working with adults, who wants to increase their understanding of safeguarding adults.

Learning Outcomes:

- To develop or refresh awareness of what to do when we suspect or know an adult is being abused;
- To recognise the different kinds of abuse, signs and symptoms identified in safeguarding adults guidance, including emerging issues such as self neglect, exploitation and modern slavery;
- To have an understanding of legislation and national and local guidance related to safeguarding adults, with reference to the duties identified in the Care Act 2014 and Making Safeguarding Personal;
- To consider recent developments in learning arising from local and national safeguarding adults reviews;
- To understand the processes of assessment, planning and review for adults at risk and your agency's possible involvement;
- To recognise the importance of working together in a multiagency approach.

Date	Availability
07 May 2025 10:00 am – 2.45 pm	Places available
5 June 2025 10:00 am – 2.45 pm	Places available
15 January 2026 10:00 am – 2.45 pm	Places available
5 March 2026 10:00 am – 2.45 pm	Places available

You can log onto the HSCP or HSAB booking systems and add your name to our waiting lists for any courses

For bookings, please visit the HSCP/HSAB [website](#)

HSAB Professional Curiosity & Difficult Conversations

This session will cover the key aspects of professional curiosity and where necessary difficult safeguarding conversations. We will explore the behaviours that can support curious practice and barriers that can prevent us from enquiring deeper.

We will:

- Explore the concept of professional curiosity and attempt to define this in the context of safeguarding
- Consider professional skills, attitudes and behaviours required to develop more curious practice
- Understand the barriers to curious practice and what can lead us to complacency
- Review learning from safeguarding adult reviews and research to improve our understanding of challenges we may face
- Look at the challenges of difficult conversations for example avoidant behaviour or disguised compliance
- Learn to use strength-based questions and motivational interviewing approach

All sessions are 9:30am to 12noon

Date	Availability
13 May 2025 09:30 – 12:30 pm	Places available
09 July 2025 09:30 – 12:30 pm	Places available
14 October 2025 09:30 – 12:30 pm	Places available
12 February 2026 09:30 – 12:30 pm	Places available

For bookings, please visit the HSCP/HSAB [website](#)

Booking Conditions

HSCP training courses and charges

Our training courses build on the level 1 awareness sessions provided by agencies to their own staff.

All learning events are run by knowledgeable trainers and experts in the field, so you can be sure that the content will be interesting, stimulating and reflects safeguarding best practice in Hertfordshire.

Course Charges

There is a charge for all delegates from agencies that do not contribute to the HSCP or HSAB budget, including schools, district and borough councils, out of county providers and profit making private and independent organisations.

- The charge for a full-day course is £75.00 per person
- The charge for a half-day course is £50.00 per person
- The charge for a Lite Bite sessions is £30 per person

Courses are free of charge to HSCP and HSAB contributory member agencies and the voluntary sector.

Cancellation Charges

Cancellation charges apply to everyone including those who fall into the free of charge payment category. Charges are as follows:

- £75 per person per full-day course
- £50 per person per half-day course
- £30 per person per Lite Bite session

Cancellation charges applied if delegates fail to attend on the day or fail to attend on the day or fail to cancel in writing at least 14days in advance of the course.