

Primary PE Conference –14th January 2022 Positive futures and Positive Minds

Key for suggested audience



PE lead/ PE Practitioner



Both Headteacher and PE lead/ PE practitioner

		Session 1	Session 2	Session 3
8.30 - 9.00	9.00- 10.15	10.30-11.30	11.45-12.45	2.00-3.00
Registration & Refreshments by the Auditorium	Opening Address - Ali Oliver CEO Youth Sport Trust Key updates	Invasion Games David Rock	Gymnastics Natalie Richardson	Outdoor & Adventurous Education Natalie Richardson
		Primary Dance Kim Henderson	Gaelic Football Stephen Lavery	Music and Movement in the Early Years Helen Battelley
		School Swimming and Water Safety Update David Rayner	PE at the heart of your school Advocate Headteachers	Case studies around the use of the PE Premium Variety of Hertfordshire schools
		An introduction into Early Years PE and PA Helen Battelley	#WellSchools: The Practical Guide to Measuring Wellbeing in Schools Ashley Hosier	Active 60 Practical Examples to Engage Young People Ashley Hosier
		Using wellbeing journals to support the delivery of Health Education Rachel McSweeney	New to Leading PE – Part 2 Catherine Fitzpatrick	Shaping your PE curriculum Catherine Fitzpatrick
		Getting ready for Ofsted deep dive Ashley Hosier & Hanna Miller Ofsted	Getting ready for Ofsted deep dive Emma Mackenzie -Hogg YST & Hanna Miller Ofsted	School Games and the Commonwealth Legacy Fiona Macmillan
		PE and Sport Premium- Supporting schools in effective reporting Emma Mackenzie -Hogg	Health and Safety in PE , school sport and Physical activity Jan Hickman AfPE	Introduction to the science of wellbeing Adrian Bethune
		Playwaze for Schools Jason Sorrell	The Transition Gap Herts SGO's and Schools in Hertfordshire	Physical Activity in Maths and English Teach Active and Schools in Hertfordshire
				Refreshments Available in foyer by the Auditorium and upstairs in the Sports Village

Workshops

Key for suggested audience



PE lead/ PE Practitioner



Both Headteacher and PE lead/ PE practitioner

10:30-11:30 Session 1	Workshop Description
<p>Invasion Games David Rock</p>	<p>This Invasion workshop will look at sequences of learning to encourage the learning of attack vs defence from Foundation through to Year 6. This practical workshop brings to life ways of encouraging mastery learning by developing physical, cognitive, social and emotional learning.</p> <p>Workshop content includes:</p> <ul style="list-style-type: none"> • How to structure a progressive sequences of learning building in physical, cognitive, social and emotional outcomes • Suggestions to challenge and further support learning when teaching games • Suggested content and structure for a games lesson • All delegates will receive an E pack of resources
<p>Primary Dance Kim Henderson</p>	<p>This session is an opportunity to develop your knowledge and understanding of how to plan for and teach fun, engaging and purposeful creative, curriculum Dance. You will be able to observe a demonstration lesson (if possible) and have time to consider planning for progression through practical activities highlighting the Dance Framework. Once you are confident with this model you will be able to plan numerous Dance lessons using a starting point that is age and interest appropriate making effective use of cross curricular links or cultural and / or current events.</p>
<p>School Swimming and Water Safety Update David Rayner</p>	<p>During this workshop we will be discussing ideas on how to engage with the pupils that have missed out on swimming due to the impact of Covid-19. We will also be looking into how you can incorporate water safety into your class room using cross curricular activities.</p>
<p>An introduction into Early Years PE and PA Helen Battelley</p>	<p>Helen Battelley MA is an early years PA and PE trainer, author and researcher for BCU. Her delivery style is energetic, passionate and inspirational. Helen is recognised globally for her contribution to early years movement play and physical activity.</p> <p>This workshop is suited to anyone who wishes to gain a deeper understanding in how best to support young learners through physical activity and PE. The session will provide delegates with guidance on how to increase engagement levels and develop more creativity within their planning. The content combines recent data and research, along with a combination of practical and theoretical underpinning.</p>
<p>Using wellbeing journals to support the delivery of Health Education Rachel McSweeney</p>	<p>This workshop explores how to support and evidence a pupil's wellbeing journey throughout KS2. We look at the benefits of using wellbeing journals and the different ways they can be used within schools to support pupils.</p>
<p>Getting ready for Ofsted deep dive Ashley Hosier</p>	<p>The session will start with a picture of the national landscape for Physical Education and achievement. It will then provide an overview of the Ofsted EIF and the implications and opportunities this presents for PE. We'll reflect on your current curriculum, in terms of intent, implementation and impact and delve into the deep dive process to best prepare you and your school to position PE as a leading subject of impact</p>
<p>PE and Sport Premium- Supporting schools in effective reporting Emma Mackenzie -Hogg</p>	<p>This workshop will challenge you to think creatively about your PE and sport premium investment, positioning PE, physical activity and school sport at the heart of your school's curriculum. Utilising the YST PE and sport premium toolkit, we'll reflect on investment to date and action plan to ensure sustainable impact and lasting legacy.</p>
<p>Playwaze for Schools Jason Sorrell</p>	<p>Playwaze has been created in partnership with the Youth Sports Trust with the ambition to become the digital platform to help children and young people live healthy, active lives. Playwaze for Schools puts all the opportunities for young people to get involved in sport and physical activity in one place and connects the schools website to all the activities available locally.</p>

11:45-12:45 Session 2	
<p>Gymnastics Natalie Richardson</p>	<p>This practical workshop will:-</p> <ul style="list-style-type: none"> • Develop your subject knowledge of the key skills in gymnastics. • Develop your confidence in structuring a progressive gymnastics lesson. • Identify the important aspects of sequence building and what a high quality performance should look like
<p>Gaelic Football Stephen Lavery</p>	<p>A practical workshop to introduce the skills of Gaelic Football which incorporates many mainstream sports. The skills of Gaelic Football will be broken down and brought together into game situations.</p>
<p>PE at the heart of your school Advocate Headteachers</p>	<p>Hear from local Hertfordshire Headteachers about their school's PE, School Sport and Physical Activity journey, which will detail how they have evolved their provision and created a positive, healthy and active culture within their school community. There will be top tips shared which may support you and your school's journey to create a positive, healthy and active environment.</p>
<p>#WellSchools: The Practical Guide to Measuring Wellbeing in Schools Ashley Hosier</p>	<p>This workshop will explore the links between wellbeing, attainment and other positive outcomes in children and young people. We will guide you through how to measure wellbeing in your school and introduce you to the #WellSchools movement and platform.</p>
<p>New to Leading PE – Part 2 Catherine Fitzpatrick</p>	<p>This is session 2 of a series of workshops. We will continue with the below descriptors, building on the first session and touching on ideas specific to the requests of the group.</p> <ul style="list-style-type: none"> • Understand and map out your role as a subject leader. • Go through a clear and concise 'to do list' helping shape and organise your role as a subject leader. • Examine the 5 key areas of focus that make up high quality primary Physical Education provision. • Receive supporting documents and advice linked to each action on the 'to do list'.
<p>Getting ready for Ofsted deep dive Emma Mackenzie -Hogg</p>	<p>The session will start with a picture of the national landscape for Physical Education and achievement. It will then provide an overview of the Ofsted EIF and the implications and opportunities this presents for PE. We'll reflect on your current curriculum, in terms of intent, implementation and impact and delve into the deep dive process to best prepare you and your school to position PE as a leading subject of impact</p>
<p>Health and Safety in PE , school sport and Physical activity Jan Hickman AfPE</p>	<p>This session will focus on the afPE Safe Practice in Physical Education, School Sport and Physical Activity publication. As a result of taking part in this workshop you will:</p> <ul style="list-style-type: none"> • Feel more confident in your teaching in the knowledge that you are applying key H & S principles • Be able to appreciate the importance of knowing and applying policies and procedures in your school, and contribute towards developing these where required • Enable students to recognise how they play a part in taking responsibility for their own safety • Be familiar with an approach to risk assessment (including Covid -19) in PE and sport in school.
<p>The Transition Gap Herts SGO's and Schools in Hertfordshire</p>	<p>This workshop will allow you to explore specific resources and ideas to support your pupils who are transitioning from Year 6 to secondary school. We will share a case study from a recent transition project which took place in Summer 2021.</p>
2:00-3:00pm Session 3	
<p>Outdoor & Adventurous Education Natalie Richardson</p>	<p>This practical workshop will :-</p> <ul style="list-style-type: none"> • Build your confidence to deliver OAA with lots of practical ideas • Discover how to implement OAA within a School setting • Identify how OAA supports whole child outcomes

<p>Music and Movement in the Early Years Helen Battelley</p>	<p>This highly practical workshop will provide delegates with activities to support movement and music in the early years that can be taken straight back to the school. The session will demonstrate how music and movement can be used to support inclusive provision and elicit excellent responses in young children. Dress for movement...there will be little time for sitting down!</p>
<p>Case studies around the use of the PE Premium Variety of Hertfordshire schools</p>	<p>A networking opportunity to hear more practical examples from schools in Hertfordshire that have demonstrated good use of the PE premium and the impact against the 5 key indicators</p>
<p>Active 60 Practical Examples to Engage Young People Ashley Hosier</p>	<p>This workshop will provide evidence and research on the positive impact of Active Recovery Curriculums on young people's engagement in physical activity. There will be practical examples of how 60 active minutes can be embedded into school life to support the development of happy, healthy, strong pupils</p>
<p>Shaping your PE curriculum Catherine Fitzpatrick</p>	<p>This workshop will -</p> <ul style="list-style-type: none"> • Consider and explore the curriculum mapping process • Explore suggestions and options for shaping your intent and mapping your provision • Understand impact and how we can use this information to shape our intent and support our implementation • Receive advice and guidance around the implementation of your provision <p>All delegates will receive resources to support their next steps</p>
<p>School Games and the Commonwealth Legacy Fiona Macmillan</p>	<p>The School Games continues to make a clear and meaningful difference to the lives of even more children and young people. Now in its 10th year of delivery this workshop will look at where the school games began to where we are now as it has evolved from a 3-tier competition structure to now aiming to provide every child with a positive experience in an environment where the young person's motivation, competence and confidence are at the centre of the competition. We will look at the importance of school sport and how the school games programme can help to support your young people who need it the most. It will also discuss ideas around the Commonwealth legacy</p>
<p>Introduction to the science of wellbeing Adrian Bethune</p>	<p>In this interactive workshop, teacher and author, Adrian Bethune, will share how lessons from the science of wellbeing can help staff to make small changes to help improve the quality of their lives. With a focus on managing stress, gratitude, rewiring the negativity bias and positive emotions, attendees will leave with some practical, evidence-based ideas to experiment with.</p>
<p>Teach Active – driving up standards in Maths and English through active learning Jon Smedley</p>	<p>Teach Active are leaders within the field of physically active learning and support schools all over the UK with strategies, ideas and plans designed to deliver the Maths and English curriculum through physical activity. Working in partnership with Loughborough University, the Youth Sport Trust and Herts SSP, we invite you to come and hear about the benefits of the Teach Active resource and the impact that it could have to your school, teachers and children. Hear from Teach Active Founder Jon Smedley, as well as Hertfordshire schools involved in the pilot scheme as they share the benefits to levels of physical activity, well-being and academic success</p> <p>Following the workshop, schools will be invited (if they so wish) to take part in the next Teach Active programme</p>